

JSD BODY MEASUREMENT SIZE CHART - MALE FIT

T-SHIRTS, SWEATSHIRTS, GILETS

UK Sizing	S		M		L		XL		2XL		3XL		4XL		5XL	
TO FIT CHEST CM	86	91	96	101	106	111	116	121	126	131	136	141	146	151	156	161

SKINS, SHORTS

UK Sizing	XS	S	M	L	XL	2XL	3XL	4XL	5XL
TO FIT WAIST CM	68-75	76-83	84-91	92-99	100-107	108-115	116-123	124-131	132-132

Measuring advice

Find your clothing size

Take your actual body measurements as they are more accurate than measuring over your clothes

(1) Collar:

measure around the base of the neck where the collar sits.

(2) Chest:

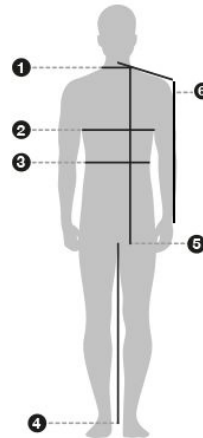
measure the chest at the fullest part, placing the tape close up under the arms.

(3) Waist:

measure the natural waistline.

(4) Inside Leg:

measure from the crotch to where your trouser is normally worn on the shoe.



(5) Body Length

To determine jacket length requirements, measure from the centre back of your neck line to the natural hemline. Check size guide to establish if a Short, Medium, Long or Extra Long length is required. Jacket lengths vary depending on the style or the fit of the garment.

(6) Total overarm

Stand with your arm raised and bent 90 degrees at the elbow

1. Start with the tape at the nape of your neck, measure across to your shoulder
2. Continue from your shoulder down to your elbow
3. And finally from your elbow to the bone in your wrist.