

JSD BODY MEASUREMENT SIZE CHART - FEMALE FIT

T-SHIRTS, SWEATSHIRTS, VESTS, GILETS

Measurement points / UK Sizing	6	8	10	12	14	16	18	20
BUST - Measure at fullest point	76 - 78.5	81 - 83.5	86 - 88.5	91 - 93.5	96 - 98.5	101 - 103.5	106 - 108.5	111 - 113.5
WAIST - Measure at narrowest point	59.5 - 62	64.5 - 67	69.5 - 72	74.5 - 77	79.5 - 82	84.5 - 87	89.5 - 92	94.5 - 97

LEGGINGS, SHORTS

Measurement points / UK Sizing	6	8	10	12	14	16	18	20
WAIST - Measure at narrowest point	59.5 - 62	64.5 - 67	69.5 - 72	74.5 - 77	79.5 - 82	84.5 - 87	89.5 - 92	94.5 - 97
HIPS - Measure at widest point	84 - 86.5	89 - 91.5	94 - 96.5	99 - 101.5	104 - 106.5	109 - 111.5	114 - 116.5	119 - 121.5

Measuring advice

Take your actual body measurements as they are more accurate than measuring over your clothes.

1. Bust:

Measure under the arms at the fullest part around the bust horizontally

2. Waist:

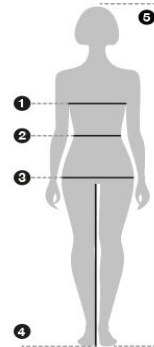
Measure around the natural waistline

3. Hips:

With the feet together measure around fullest part

4. Inside leg:

In bare feet take the measurement from the top of the inside leg and measure down the inside leg to the floor



5. Height:

With bare feet together measure from the top of the head to the floor